



LIMITLESS

Lifestyle

CLASS OF 2021

Lifestyle
COACHING
CALL

January 25, 2021

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Patti Dobrowolski



ADAM
CMEJLA



BENJAMIN
BRANDT



TANYA
NICHOLS



TIFFANY
CHARLES



ANDREW
VAN BUREN

ADVISOR
COACHES



A ROADMAP FOR CHANGE



PEOPLE ON
A TREADMILL
DON'T NEED A

MAP

Q1 COACHING PATH



THE SCIENCE OF SUCCESS

Complete this Lesson to expand your awareness and get into success-state



MY MODEL PRACTICE

Complete the Practice Flywheel to get clear on your blueprint



ACTION & ACCOUNTABILITY

The key outcomes you need to create to achieve 1-year goals

YOUR VISION FOR SUCCESS

Complete this Lesson to proceed with complete clarity

POWER OF PRODUCTIVITY

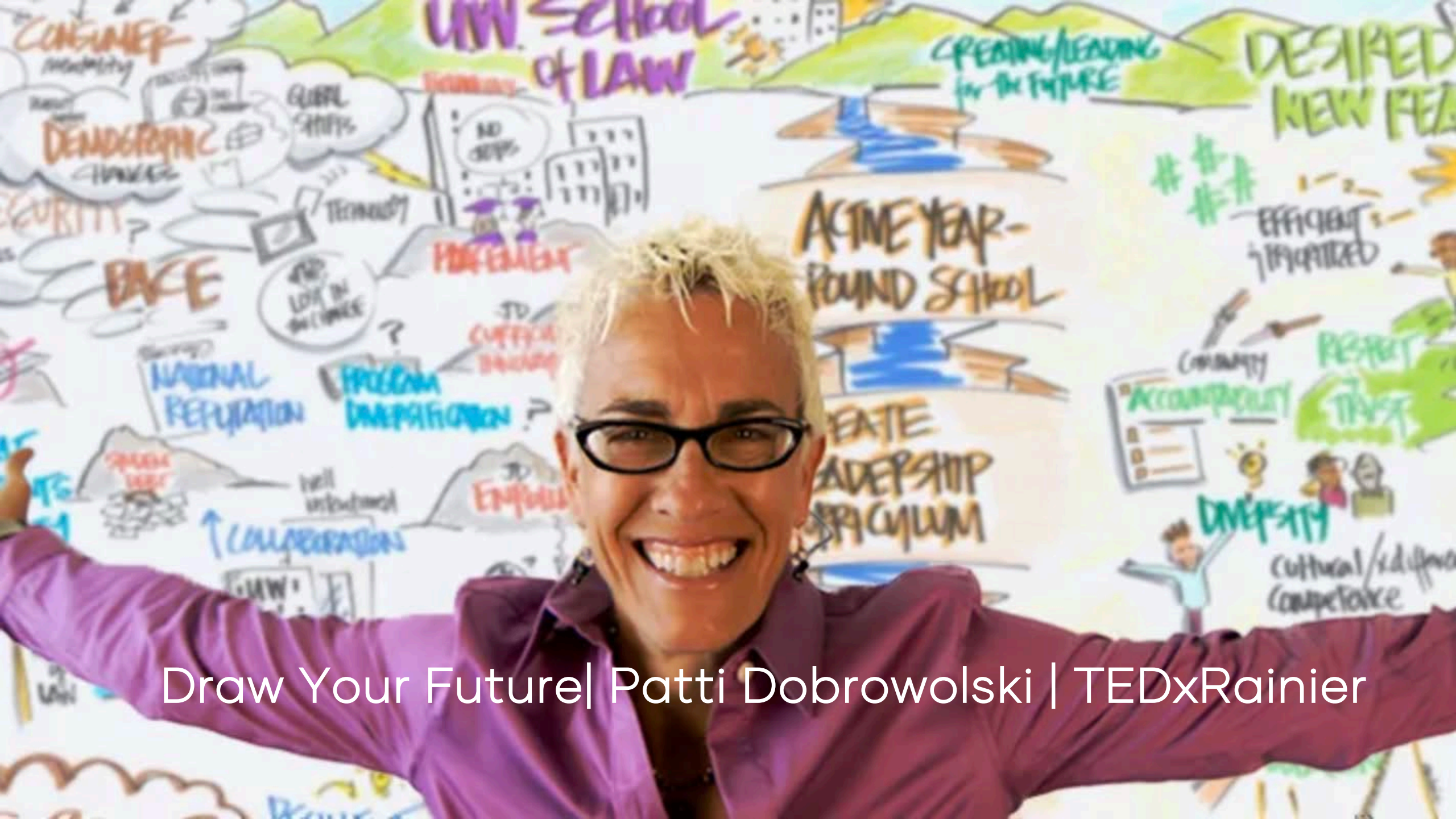
Complete this Lesson and take back control of your time

SUCCESS SHIFTER DAILY PRACTICE

Use Success Shifter / Habits Journal each day to stay focused on what matters



NEXT STEPS: COMPLETE LESSONS | PERSONAL LAUNCH PLAN | DAILY PRACTICE | MASTERMINDS COACHING: SHARE/ASK ON COMMUNITY | FEB ACCOUNTABILITY COACH CALL



Draw Your Future | Patti Dobrowolski | TEDxRainier



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Silence the critics

calm left side of brain

See it clearly

so can access right/creative side

Feel it

GPS super glue

Take Action

momentum w/micro-actions

ELEVATE YOUR STATE

HIGH OCTANE VISION FUEL



\$1 MM practice
50% EBOC
60 days OOO
30 hr work week
100 ideal clients

LIMITLESS WORK-IT-OUT



KEY TAKE-AWAYS

LIMITLESS

personal LAUNCH Plan

- Tracks quarterly goals and success metrics
- Plan for **next 90 days**
- Supported by **Success Shifter**
- **Accountability Coach** Check-Ins



CONTINUOUS EXECUTION